

## Tips and Research Resources on Best Practice Teaching

### **BEST PRACTICES for Teaching and Learning**

Student-Centered: based on student needs and interests  
Experiential: active, hands-on, concrete to abstract  
Whole-Part-Whole: big ideas in meaningful contexts  
Authentic: real, rich, complex ideas and applications  
Expressive: engage ideas, construct meaning using all forms of expression--reading, writing, arts, movement, technology  
Reflective: balancing experience and reflection, debriefing, making meaning of the experience  
Social/Collaborative: learning is socially constructed and interrelated  
Developmental: activities fit the definable stages of student's development  
Constructivist/Cognitive : students make meaning and develop understanding of ideas using inquiry and thinking  
Challenging: genuine challenges, choices and students taking responsibility

### **RECOMMENDATIONS ON TEACHING READING**

#### Increase

Reading aloud to students  
Time for independent reading  
Children's choice of their own reading materials  
Exposing children to a wide and rich range of literature  
Teacher modeling and discussing his/her own reading processes  
Primary instructional emphasis on comprehension  
Teaching reading as a process: Use strategies that activate prior knowledge, Help students make and test predictions, Structure help during reading, Provide after-reading applications  
Social, collaborative activities with much discussion and interaction  
Grouping by interests or book choices  
Silent reading followed by discussion  
Teaching skills in the context of whole and meaningful literature  
Writing before and after reading  
Encouraging invented spelling in children's early writings  
Use of reading in content fields (e.g., historical novels in social studies)  
Evaluation that focuses on holistic, higher-order thinking processes  
Measuring success of reading program by students' reading habits, attitudes, and comprehension

#### Decrease

Exclusive emphasis on whole-class or reading-group activities  
Teacher selection of all reading materials for individuals and groups  
Relying on selections in basal reader  
Teacher keeping his/her own reading tastes and habits private  
Primary instructional emphasis on reading sub skills such as phonics, word analysis, syllabication  
Teaching reading as a single, one-step act  
Solitary seatwork  
Grouping by reading level  
Teaching isolated skills in phonics workbooks or drills  
Punishing re-convention spelling in students' early writings  
Segregation of reading to reading time  
Evaluation focus on individual, low-level subskills  
Measuring the success of the reading program only by test scores  
Round-robin oral reading  
Little or no chance to write

### **RECOMMENDATIONS ON TEACHING MATHEMATICS**

Best Practice in Mathematics

#### Increase

TEACHING PRACTICES  
Use of manipulative materials  
Cooperative group work  
Discussion of mathematics  
Questioning and making conjectures  
Justification of thing  
Writing about mathematics

Problem-solving approach to instruction  
Content integration  
Use of calculators and computers  
Being a facilitator of learning  
Assessing learning as an integral part of instruction

**MATHEMATICS AS PROBLEM SOLVING**  
Word problems with a variety of structures and solution paths  
Everyday problems and applications  
Problem-solving strategies  
Open-ended problems and extended problem-solving projects  
Investigating and formulating questions from problem situations

**MATHEMATICS AS COMMUNICATION**  
Discussing mathematics  
Reading mathematics  
Writing mathematics  
Listening to mathematical ideas

**MATHEMATICS AS REASONING**  
Drawing logical conclusions  
Justifying answers and solution processes  
Reasoning inductively and deductively

#### Decrease

**TEACHING PRACTICES**  
Rote practice  
Rote memorization of rules and formulas  
Single answers and single methods to find answers  
Use of drill worksheets  
Repetitive written practice  
Teaching by telling  
Teaching computation out of context  
Stressing memorization  
Testing for grades only  
Being the dispenser of knowledge

**MATHEMATICS AS PROBLEM SOLVING**  
Use of cue words to determine operation to be used  
Practicing routine, one-step problems  
Practicing problems categorized by types

**MATHEMATICS AS COMMUNICATION**  
Doing fill-in-the-blank worksheets  
Answering questions that need only yes or no responses  
Answering questions that need only numerical responses

**MATHEMATICS AS REASONING**  
Relying on authorities (teacher, answer key)

**BEST PRACTICE IN TEACHING ART**  
Best Practice in Visual Art, Music, Dance, and Theater

Increase  
Art making; more doing of art, music, dance, drama  
Student originality, choice, and responsibility in art making  
Stress on the process of creation, the steps and stages of careful craftsmanship  
Art as an element of talent development for all students

Exploration of the whole array of art forms, from Western and non-Western sources, different time periods,

cultures, and ethnic groups  
Support for every student's quest to find and develop personal media, style, and tastes  
Time for art in the school day and curriculum  
Integration of arts across the curriculum  
Using art as a tool of doing, learning, and thinking  
Reasonable class loads and work assignments for arts-specialist teachers  
Artists in schools, both as performers and as partners in interdisciplinary work  
Long-term partnerships with artists and arts organizations  
Teacher, principal, and parent involvement in the arts

#### Decrease

Studying other people's artworks  
Art projects that require students to create identical products or closely mimic a model  
Concern with final products and displays that smother learning about process  
Art as an arena for competition, screening, awards, and prizes for a few  
Exclusive focus on Western, high-culture, elite art forms disconnected from a wide range of art making  
Cursory dabbling in many art forms, without supporting a drive toward mastery in one  
Once-a-week art classes that lack intensity  
Restricting study to separate arts discipline instruction  
Art as body of content to be memorized  
Overloading arts specialists with excessive class loads  
Arts experiences provided only by school arts specialist  
One-shot, disconnected appearances by artists  
Art-phobic, noninvolved school staff members running arts programs for students

### **METHODS THAT MATTER**

**Within a climate of choice, responsibility, expression and community, these methods make a difference in student learning:**

#### **1. Integrative Units**

Curriculum should come out of problems, issues and concerns posed by life, with the disciplines being called upon to support student investigation and study; need blocks of concentrated time

#### **2. Small Group Learning**

Opportunities for students and teachers to coach and learn from each other; diversity is an advantage not a liability; can use inquiry and thinking skills; must establish norms; learning by doing  
Buddy and Partner Activities--reading, editing, labs  
Dialogue Journaling  
Literature Circles  
Group Investigations  
Cooperative Learning Structures

#### **3. Representing-to-Learn**

Using writing, technology, visual and performing arts to demonstrate learning

#### **4. Classroom Workshop**

Individuals or small groups choose topics for investigation/study, they inquire, research during 'workshop' time; due dates and portfolio work samples, showcase finished products/services  
10 mins. Mini-Lesson and Status of Class Conference  
30 mins. Work/Conference Time  
10 mins. Sharing and De-briefing

#### **5. Authentic Experiences/Experiential Learning**

Self discovery, real-life experiences, coming together of cognitive and affective, appeals to learner curiosity; engaged outside the classroom or bringing 'outside' into the classroom/school

#### **6. Reflective Assessment**

Becomes an integral part of and guides instruction; student self-assessment, using

a variety of strategies, such as portfolios, conferences, anecdotal records, checklists, performance assessments and classroom tests  
Cooperative Learning Rubric

[http://www.education-world.com/a\\_curr/curr287.shtml](http://www.education-world.com/a_curr/curr287.shtml)

**Doing What Matters Most**

National Commission on Teaching and America's Future,  
PO Box 5239, Woodbridge, VA. 22194-5239, 1999.

The single largest factor affecting academic growth of student population is differences in effectiveness of individual classroom teachers. Lower achieving students are the first to benefit as teacher effectiveness improves. -Chris Pipho, Phi Delta Kappan

*Texas study finds that teacher's expertise accounts for 40% of the variance in student's reading and mathematics achievement grades 1-11, more than any other factor--more than socioeconomic status or student ethnic group.*

-Results, NSDC, April 98

**To make a difference in student learning, professional development must:**

**help teachers understand the content they are teaching, the content standards and the assessments for those standards;**

**be linked to work students are expected to do;**

**be continuous.**

*"Professional development that is fragmented, that is not focused on students and does not afford teachers consequential opportunities to learn cannot be expected to be a constructive agent of state or local policy.*

Teachers need to use assessments as a way to review their classroom practices. Teachers need to collaboratively study curriculum materials, develop and trial lessons, and discuss results with colleagues. The most effective teachers have:

Deep knowledge of content standards;

Repertoire of instructional skills;

Knowledge regarding students; and

Attitudes that support high levels of learning.

David Cohen and Heather Hill, Univ. of Michigan  
Research conducted in California, Math Program  
Consortium for Policy Research in Education, #RE-23

School districts spend less than one half of 1% of their budgets on professional development for teachers, as compared with nearly 10% of revenues spent on employee education by corporations.

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## **MAKING THE TRANSITION**

### ***Helping Teachers***

Create regular time to talk and work together

Support collaboration and open discussion of issues

Strong leadership from top, while emphasizing teacher decision- making and initiative

Provide professional development that strengthens school community and educator professionalism

Provide PD that is experiential, so educators see and feel what is possible in the classroom

Provide time for reflection, analysis and learning from their implementation and experience

### ***Time to Explore and Plan***

Create time and find finances to support it

Take time for long view (study groups, needs assessments, providing in-depth training, in classroom implementation assistance, revising structures to support changes)

Be patient

### ***Collaboration and Peer Leadership.***

Be sensitive to organizational dynamics and details (time, pairings, structures, accountability, and for may informal roles)

Allow for differences and build mutual respect

### ***Administrative Support***

Nurture positive school culture and climate

Be a guide and model

Provide incentives

Look for best in others

### ***Concrete Experience of New***

Visit others in school and other schools

Provide classroom consultation and assistance

Adapted from *Best Practices in Teaching and Learning in America's Schools*, Zemelman, Daniels, and Hyde, Heinemann Press, 1998; shared by InnerActions in Education, F: (517) 362-2541; email: [carolecoopper@vovager.net](mailto:carolecoopper@vovager.net)

### **THE SINGLE MOST IMPORTANT FACTOR GOVERNING STUDENT LEARNING...**

It is **PRACTICES**, not **PROGRAMS** that govern student learning. We keep talking about programs, always skirting the real issue that governs student learning - how a teacher manages a classroom.

It does no good to add new recipes to a poorly managed restaurant.

It does no good to add new plays to a poorly managed team.

It does no good to add new songs to a poorly managed choir.

And it does no good to add new programs or new practices to a poorly managed classroom.

We are in education for one reason only - student learning. An article in the December/January, 1994 issue of *Educational Leadership*, entitled "What Helps Students Learn?" reviewed 50 years of research on student learning, encompassing 11,000 statistical findings. The authors discovered 28 factors and these were rank ordered. The Number 1 factor governing student learning is Classroom Management.

It is not block scheduling, not self-esteem, not whole language, not computers, not...(all good programs); it is Classroom Management.

How a teacher manages, not disciplines, a classroom is the single most important factor governing student learning.

A principal in Washington said,

"When I interview new teachers, I always ask them to tell me how they manage their classrooms. Ninety-nine percent talk about discipline. Some even mention very popular discipline programs. One percent talks about procedures and routines. That's the one I hire!"

***Those who dare to teach must never cease to learn***

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